

SENIOR RESIDENCES

DOWLING GARDENS

190 Kings Highway, Box 276

Sparkill, N.Y. 10976

(845) 365-1662

Fax #:(845) 359-5238

Website: www.dowlinggardens.org

Private non-profit

Administrator: Sister Ursula Joyce

BUILDING AND GROUNDS:

Three-story elevator building on five acres; landscaped gardens; dining room; library; activities room; beauty parlor; computer center.

CAPACITY: 111 one-bedroom apartments

RATES: Monthly rental; some rents available at below market rates to income eligible persons

RECREATION AND SPECIAL SERVICES:

Meals; housekeeping; personal care; all optional services for fee; social and recreational programs

TRANSPORTATION SERVICES:

Scheduled transportation to shopping

RESIDENT CHARACTERISTICS:

Able to live independently with supportive services

ESPLANADE AT PALISADES

640 Oak Tree Road

Palisades, N.Y. 10964

(845) 359-7870

Fax #: (845) 359-9266

Website: www.esplanadeatpalisades.com

Administrator: Susan Scharf Diamond

E-mail: sdiamond@esplanadeatpalisades.com

General Manager: Marvin Ammer

BUILDING AND GROUNDS:

Two-story elevator building situated on a beautiful 22-acre wooded campus. All rooms equipped with kitchenette and individual room controlled heat and air conditioning units.

CAPACITY: 119 apartments

MONTHLY RATES: \$2900 studio

\$4,000 to \$4,500 one-bedroom

\$5,000 two-bedroom

Monthly rates include: Three meals daily,

weekly housekeeping, all utilities, full recreation program and 24-hour security.

SPECIAL SERVICES: New York State licensed Home Health Care agency on premises. Full-time nurse, full-time social worker, evening health supervisor. On-site wellness center

PROFESSIONAL SERVICES:

Visiting physicians and physical therapist.

RELIGIOUS SERVICES:

Jewish and Christian/Catholic services

Temple and Chapel on premises

RECREATION:

Full-time recreation director offers 7 to 8 activities daily. Weekly shopping trips; flower arranging class; painting; arts and crafts; literary group; card games; theater trips and live entertainment; daily exercise class.

ESTHER GITLOW TOWERS

200 Lafayette Avenue
Suffern, New York 10901
(845) 357-9507

Fax #: (845) 369-7426

Website: www.esthergitlowtowers.org

Apartments with Services

Administrator: Adam Tekel

BUILDING AND GROUNDS:

Brick apartment building with elevators

CAPACITY: 112 apartments

RATES:

Based on HUD's low income guidelines

\$36,100 for a single person

\$41,250 for a couple

Monthly rent is 30% of eligible income minus eligible medical expenses

RECREATION AND SPECIAL SERVICES:

Optional dinner meal program provides five hot nutritious meals a week, Monday-Friday (dietary laws observed). We have activities and educational programs. Beauty parlor, accessible Internet lab with DSL connections.

RELIGIOUS SERVICES: Available for all faiths

PROFESSIONAL SERVICES:

Full-time service coordinator for help with benefits and entitlement information.

TRANSPORTATION SERVICES:

Private shuttle for transportation to shopping

RESIDENT CHARACTERISTICS:

Able to live independently; 12 handicapped accessible apartments available. To qualify for an apartment, you must meet HUD's low-income guidelines and be at least 62 years of age or mobility impaired.

FOUNTAINVIEW AT COLLEGE ROAD AND THE SPRINGS AT FOUNTAINVIEW

2000 Fountainview Drive
Monsey, New York 10952
(845) 426-6757

Fax #: (845) 426-6914

Website: www.fountainview.org

Private, Not for Profit

Premier Retirement Community & Assistive Living Community

Director: David Friedman

Owner: Northern Services Group

BUILDING AND GROUNDS:

Situated on 10 beautiful park-like acres in the town of Ramapo with walking trails surrounding the community. Three story luxury apartment complex; elevators; independent apartments with full kitchens; washer/dryers; patios; air conditioners; individual thermostats; lounge areas in all buildings; card rooms; restaurant style dining rooms; country café and country store; sprinkler system; terraces and outdoor seating areas; on-site beauty/barber shop; library; fitness center; computer center; flower and vegetable garden; private dining room for special events; putting green.

CAPACITY:

110 Independent Apartments – One and two bedroom, 2 bath apartments; 47 Assistive Apartments; Studio and one bedroom

apartments; guest suite available for families from out of town.

RATES: Call for information

RECREATION AND SPECIAL SERVICES:

Full range of recreation and leisure activities; Glatt Kosher meals; housekeeping and maintenance services; college courses; exercise and fitness center; lectures; book reviews, concerts; trips; computer classes; intergenerational and volunteer programs; Resident's council; 24 hour staffing and security; guardian alert system for emergencies; additional personal care available for a fee by a licensed home care agency

PROFESSIONAL SERVICES:

Wellness Center – physicians and podiatrists appointments; social worker; Resident Services Director to coordinate services and referrals.

RELIGIOUS SERVICES:

Jewish (Synagogue on premises)

TRANSPORTATION SERVICES:

Medical visits; recreational and educational trips; shopping and banking.

RESIDENT CHARACTERISTICS:

Men/Women/Couples. Well elderly. Interview required.

VISITING HOURS: Unlimited