



FOOD PANTRIES, SOUP KITCHENS & NUTRITION PROGRAMS

CALL BEFORE YOU GO! Programs operate limited hours/days. Call first!

NEED A MEAL? Agencies offering a meal noted with ****SOUP**. Some offer both Food Pantry & Meals (aka 'SOUP'), some offer only one or the other. Call first!

WANT TO DONATE? See information about donating on the last page.

1. **MEALS ON WHEELS**
[Home Delivered Meal Program](#)
121 West Nyack Road, Nanuet, NY
(845) 624-6325
2. **BEREA 7TH DAY ADVENTIST**
67 South Broadway, Nyack NY
(845) 358-6825,
****SOUP** - Soup kitchen once weekly.
ELIGIBILITY: Priority to Nyack residents
3. **CATHOLIC COMMUNITY SERVICES**
78 Hudson Avenue, Haverstraw, NY
(845) 942-5791
4. **CHARISMATIC CHURCH OUTREACH**
87 Hudson Ave, Haverstraw NY
(845) 429-8903
5. **CHRIST EPISCOPAL CHURCH OF RAMAPO**
65 Washington Avenue, Suffern, NY
(845) 357-1615
****SOUP** - Soup kitchen 7 days a week.
6. **CHURCH OF CHRIST**
169 Route 9W, Haverstraw, NY
(845) 429-9696
ELIGIBILITY: Haverstraw Residents & DSS referral.
7. **CHURCH OF GOD OF PROPHECY**
[\(Project Hope Food Pantry\)](#)
251 Rte 59, Spring Valley, NY
(845) 596-4572
8. **CLARKSTOWN REFORMED CHURCH**
107 Strawtown Rd. West Nyack NY
(845) 358-4320
9. **FAIRMONT BAPTIST CHURCH**
39 Division Street, Haverstraw, NY
(845) 429-5835
10. **FIRST REFORMED CHURCH OF NYACK**
[\(Soup Angels\)](#)
18 South Broadway, Nyack, NY
(845) 358-5518
****SOUP** - Weekly dinner program.
11. **FRENCH SPEAKING BAPTIST CHURCH**
80 North Madison Avenue, Spring Valley, NY
(845) 425-8676
12. **GREENBUSH PRESBYTERIAN CHURCH**
[\(Shirley's Cupboard\)](#)
614 Western Highway, Blauvelt, NY
(845) 359-4666
ELIGIBILITY: Orangetown residents.
13. **HAITIAN AMERICAN CULTURAL & SOCIAL ORGANIZATION (HACSO)**
24 West Street, Spring Valley NY
(845) 352-5897
Distribution at 32 Grove St
14. **HEAD START OF ROCKLAND**
Distributes at the following 3 sites:
Haverstraw: 138-146 Maple Ave.
(845) 429- 2225
Spring Valley: 1 Head Start Circle
(845) 352-6671
Nyack: 85 Depew Ave (845) 358-2234
15. **HUDSON VALLEY COMMUNITY SERVICES**
[\(formerly ARCS\)](#)
86 East Route 59, Spring Valley, NY
(845) 356-0570
16. **IGLESIA LA MISSION**
11 Division Avenue, Nyack, NY
(845) 358-1481
17. **IMMACULATE CONCEPTION CHURCH**
26 John Street, Stony Point, NY
(845) 786-2742





18. **LIVING CHRIST CHURCH**
(Sunday Suppers)
151 South Broadway, Nyack NY
(845) 358-3125
**SOUP - Sunday dinner program.
19. **MACEDONIA BAPTIST CHURCH**
405 Piermont Avenue, Piermont, NY
(845) 359-4690
ELIGIBILITY: Piermont residents.
20. **MARTIN LUTHER KING MULTIPURPOSE CENTER (MLK)**
110 Bethune Blvd. Spring Valley, NY
(845) 425-8910
21. **NEW GENERATION CHURCH OF GOD**
164 N. Main Street, Spring Valley, NY
(845) 721-8736
22. **OPEN BIBLE CHURCH**
146 S. Liberty Drive, Stony Point, NY
(845) 461-9589
23. **PEOPLE TO PEOPLE**
121 West Nyack Road, West Nyack, NY
(845) 623-4900
24. **PILGRIM BAPTIST CHURCH**
80 North Franklin Avenue, Nyack, NY
(845) 353-1255
**SOUP - Hot lunch every Friday.
25. **ROCKLAND COMMUNITY COLLEGE**
145 College Road, Suffern, NY
(845) 574-4000
ELIGIBILITY: RCC community.
26. **ROCKLAND COUNTY JAIL OUTREACH MINISTRIES**
(Upper Room House of Worship)
118 Bethune Blvd, Spring Valley NY
(845) 371-7141
27. **ROCKLAND JEWISH FAMILY SERVICE**
(Rhonda Bloom Kosher Food Pantry)
450 West Nyack Road, Suite 2,
West Nyack, NY (845) 354-2121
28. **ROCKLAND INDEPENDENT LIVING CENTER**
873 New York 45, New City, NY
(845) 624-1366
29. **SACRED HEART CATHOLIC CHURCH**
125 Lafayette Avenue, Suffern, NY
(845) 357-0035
ELIGIBILITY: Suffern residents.
30. **SALVATION ARMY (Mobile Canteen)**
179 N. Main Street, Spring Valley, NY
(845) 352-9577
**SOUP Meals once weekly.
31. **SLOATSBURG UNITED METHODIST CHURCH**
93 Orange Turnpike, Sloatsburg, NY ,
(845) 753-2059
ELIGIBILITY: West Ramapo residents.
32. **SPRING VALLEY 7TH DAY ADVENTIST**
18 Paikin Drive, Spring Valley, NY
(845) 352-4806
33. **SPRING VALLEY FOOD BANK**
Ramapo Cultural Arts Center, 64 N. Main
Street, Spring Valley, NY
(845) 821-3917
34. **ST. AEDAN'S CATHOLIC CHURCH**
23 Reld Drive, Pearl River, NY
(845) 735-8468
35. **ST. ANN'S CATHOLIC CHURCH**
(St. Vincent DePaul Food Pantry)
33 Jefferson Street, Nyack, NY
(845) 358-4707
ELIGIBILITY: Nyack residents.
36. **ST. PAUL'S EPISCOPAL CHURCH**
26 South Madison Avenue, Spring Valley,
NY (845) 356-1857
**SOUP - Soup kitchen twice monthly.
37. **ST. PAUL'S CATHOLIC CHURCH**
82 Lake Road West, Congers, NY
(845) 268-4464
*Pick Up at St. Paul's School at
365 Kings Hwy, Valley Cottage
38. **ST. PETER'S CATHOLIC CHURCH**
115 Broadway, Haverstraw NY
(845) 429-2196
39. **ST. STEPHEN'S EPISCOPAL CHURCH**
84 Erhardt Road, Pearl River, NY
(845) 735-8888



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- 40. **TOMCHE SHABBOS OF ROCKLAND**
301-E Spook Rock Industrial Park.
Suffern, NY (845) 357-5885
 - 41. **TOUCH-TOGETHER OUR UNITY CAN HEAL, INC.**
209 North Route 9W, Congers, NY
(845) 268-8023
 - 42. **TRINITY UNITED METHODIST CHURCH**
(North Rockland Food Pantry)
49 East Street, Stony Point NY
(845) 499-6060
ELIGIBILITY: North Rockland residents
 - 43. **UNITED CHURCH OF SPRING VALLEY**
(Rockland Interfaith Breakfast Program)
11 East Church Street, Spring Valley, NY
(845) 356-2863
**SOUP - Serves breakfast,
Mon-Fri 7am-8am.
 - 44. **UNITED METHODIST CHURCH OF SPRING VALLEY**
(Community Breakfast)
2 South Madison Avenue,
Spring Valley, NY (845) 356-0238
**SOUP - Community Breakfast
Saturdays.
 - 45. **WESTCOP AT ROCKLAND COMMUNITY ACTION**
17 West Broad St., Haverstraw, NY
(845) 553-9118
 - 46. **WEST STREET CHILD CARE**
96 North Street, Spring Valley, NY
(845) 425-2379
ELIGIBILITY: West Street Program
Families
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RESOURCES



ROCKLAND COMMUNITY AGAINST HUNGER is a collaboration to provide information, raise awareness, mobilize support & educate the community about healthy food & nutrition.

www.rocklandhunger.org



MUTT'S N' MEOWS PET FOOD PANTRY provides food for eligible dog and cat owners. Located at Meals on Wheels, 121 West Nyack Rd., Nanuet, NY 10954.
(845) 624-6325.



NUTRITION PROGRAMS

For more information on any of these programs call **INformation ROCKland** at (845) 364-2020.



Supplemental Nutrition Assistance Program (SNAP/Food Stamps) - Issues monthly electronic benefits that can be used like cash at authorized retail food stores. Eligibility and benefit levels are based on household size, income, assets and other factors.
Dept. of Social Services (845) 364-3100



Eat Smart New York - Free Nutrition Education to all SNAP participants. Information about: nutrition, meal planning, healthy food shopping on a budget, cooking and food safety, weight control and physical activity, and much more.
Cornell Cooperative Extension (845) 429-7085



Free & Reduced School Lunch (NSLP) - federally assisted meal program operating in schools and residential childcare institutions. Provides nutritionally balanced, low-cost or free lunches to eligible children each school day.
** Apply at your local school district **



WIC Women, Infants, and Children (SSNP) – provides supplemental food vouchers to low-income pregnant, postpartum, and breastfeeding women, infants & children up to age 5. Information provided on healthy eating, breastfeeding and health care.



Farmers Markets – Nine neighborhood farmer's markets offer fresh fruits and vegetables grown by local farmers from Spring to Fall. Locations in Haverstraw, Nyack, Piermont, Spring Valley, Ramapo, Suffern, Palisades, Pearl River, Stony Point. SNAP is accepted at Haverstraw and WIC is accepted at Stony Point.

WANT TO DONATE?

All Food Pantries accept donations of non-perishable, unexpired foods and/or direct monetary donations.

Individuals can also donate online to the Food Bank of Hudson Valley and designate which Food Pantry their funds should be allocated to through the Adopt-an-Agency Program ("AAP").

The Food Bank provides millions of pounds of food to over 350 member agencies in Orange, Ulster, Dutchess, Rockland, Sullivan, and Putnam counties. AAP donors may select specific agencies to support or allow the Food Bank to select agencies most in need. The Food Bank has greater purchasing power as a bulk purchaser than you do as an individual.

To donate, contact **THE FOOD BANK OF HUDSON VALLEY** www.foodbankofhudsonvalley.org
195 Hudson Street, Cornwall on Hudson, NY 12520 (845) 534-5344

