

**Rockland County Department of Health  
Sanatorium Road  
Pomona, New York 10970**

**BUILDING D**

**(845) 364-2512**

The Rockland County Health Department Offices are located in the Robert L. Yeager Health Center in Pomona, New York, just north of Spring Valley.

To reach the Department Of Health

**FROM:**

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**NORTH** Take the NYS Thruway SOUTH to Exit 13 onto the Palisades Interstate Parkway NORTH. Travel NORTH to Exit 11 (New Hempstead Road) down ramp to the light. Turn left onto New Hempstead Road to the 2nd traffic light, Route 45. Make a right onto Route 45, for approximately 3/4 mile to next traffic light. Turn left onto Sanatorium Road, make the 3rd left to Building D (just beyond the 10-story building).

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**WESTCHESTER COUNTY AND EAST** Take the NYS Thruway NORTH to Exit 13 onto the Palisades Interstate Parkway NORTH. Travel north to Exit 11 (New Hempstead Road) down ramp to the light. Turn left onto New Hempstead Road to the 2nd traffic light, Route 45. Make a right onto Route 45, for approximately 3/4 mile to next traffic light. Turn left onto Sanatorium Road, make the 3rd left to Building D (just beyond the 10-story building).

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**NEW JERSEY** Take the Palisades Interstate Parkway to Exit 11 (New Hempstead Road) down ramp to the light. Turn left onto New Hempstead Road to the 2nd traffic light, Route 45. Make a right onto Route 45, for approximately 3/4 mile to next traffic light. Turn left onto Sanatorium Road, make the 3rd left to Building D (just beyond the 10-story building).

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**GARDEN STATE PARKWAY** Take the Garden State Parkway onto the NYS Thruway SOUTH to Exit 13 onto Palisades Interstate Parkway NORTH. Take the Palisades to Exit 11 (New Hempstead Road) down ramp to the light. Turn left onto New Hempstead Road to the 2nd traffic light, Route 45. Make a right onto Route 45, for approximately 3/4 mile to next traffic light. Turn left onto Sanatorium Road, make the 3rd left to Building D (just beyond the 10-story building).

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**NEW YORK CITY** Take George Washington Bridge to Palisades Parkway NORTH to Exit 11 (New Hempstead Road) down ramp to the light. Turn left onto New Hempstead Road to the 2nd traffic light, Route 45. Make a right onto Route 45, for approximately 3/4 mile to next traffic light. Turn left onto Sanatorium Road, make the 3rd left to Building D (just beyond the 10-story building).