Measles can be dangerous to anyone who is not vaccinated.

Protect yourself and your family.

- Measles spreads very easily to others through coughing and sneezing.
- Getting the measles vaccine is the best way to prevent measles.
- Measles symptoms usually include:
  - high fever (may be more than 104° F)
  - cough
  - runny nose
  - red, watery eyes
  - rash (breaks out 3-5 days after symptoms begin)

Questions about measles or where to get a vaccine?
Call **888-364-4837** Monday-Friday, 9 am-5 pm

For more information:
Rockland County Department of Health: rocklandgov.com/departments/health/
New York State Department of Health: health.ny.gov/measles