

Directory of Services



Department of Health

Why is Public Health So Important?

Many people do not recognize the benefits of public health. Without public health departments, many things we have come to rely on would not be possible.

Consider the following:

Public health monitors:

- The water we drink
- The air we breathe
- The restaurants we dine at
- The pools we swim in
- The summer camps our children attend

Public health laws mandate:

- Immunizations
- Seat belts and car seats
- Other preventive measures such as the CIAA (Clean Indoor Air Act)

Public health helps to control diseases like:

- Rabies
- Tuberculosis (TB)
- Influenza (Flu)
- Sexually Transmitted Infections (STIs)
- HIV

Public health provides information on:

- Preventing diseases
- Managing our illnesses
- Where to go for help

Public health is there to protect us and make our community a safe, healthy place to live in.

Welcome to the Rockland County Health Department

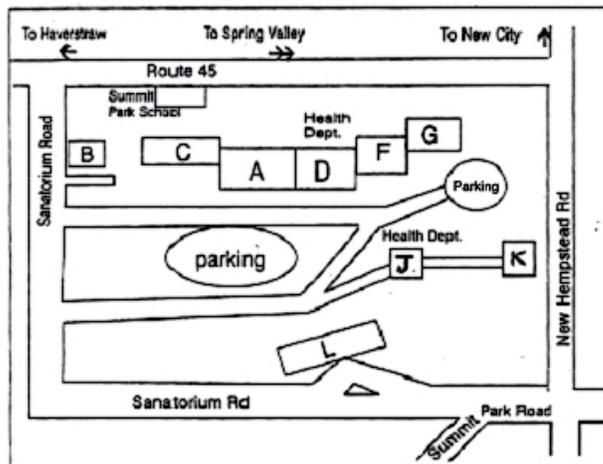
Our Mission

The mission of the Rockland County Department of Health is to promote and protect the health of our community.

Health Department services are available to any Rockland County resident, regardless of age, sex, ethnic background, or income. Many services are free; many other services are based on ability to pay. No one is turned away because of lack of money.

The Health Department is a public service agency under the direction of the County Commissioner of Health, appointed by the County Executive. The Commissioner of Health receives guidance and advice from the Board of Health.

The Robert L. Yeager Health Center
50 Sanatorium Road
Pomona, New York 10970





County of Rockland
ROCKLAND COUNTY DEPARTMENT OF HEALTH
The Dr. Robert L. Yeager Health Center
50 Sanatorium Road – Building D
Pomona, New York 10970
ADMINISTRATION
Telephone: 845-364-2512
Fax: 845-364-2628
www.rocklandgov.com/health

A Message from the Department of Health:

The Rockland County Department of Health offers a variety of programs and services for the residents of our community. This *Directory of Services* describes these programs and illustrates the scope of public health services offered by the devoted staff of the Rockland County Department of Health.

The Health Department's mission is to prevent disease, illness, and disability, protect the environment, protect health, and provide necessary care to the people of Rockland County. We are committed to providing the best services possible to the entire Rockland community.

A handwritten signature in cursive script, appearing to read "P. S. Reppert".

On behalf of everyone in our department, I urge you to explore this directory and access the wide range of information and services we offer.

Sincerely,

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Disease Control and Prevention
845-364-2997

We provide active and passive surveillance of all communicable diseases that fall under New York State Department of Health reporting requirements. These include TB (tuberculosis), STIs (sexually transmitted infections), HIV, vaccine preventable diseases, vector-borne diseases, hepatitis, and many others. We perform contact investigations, and outreach, education and other activities with healthcare providers, federally qualified health care centers, schools, and hospitals in the community.

Emergency Medical Services (EMS)
845-364-8923

Location: 35 Firemen's Memorial Drive, Pomona, NY 10970
Your Local Emergency Medical Services System

We respond 24/7 to over 65,000 medical emergencies a year in Rockland County, provide maintenance to our Countywide Public Access AED program, coordinate 17 EMS agencies, and are home to the DMAT NY4 Disaster Response Team. We sponsor the following courses: CPR, First Aid, Bloodborne Pathogens, Wilderness First Aid and Oxygen Administration, and New York State Department of Health EMS/EMT basic original and refresher courses, and Certified First Responder original and refresher courses. To volunteer for your local EMS call (845) 364-8923.

The Rockland County EMS Office offers the following programs to local businesses, community organizations, and individuals:

American Heart Association
CPR/AED

American Safety Health Institute (ASHI)
First Aid, CPR, AED (Automated External Defibrillator) , Blood Borne Pathogens, Oxygen Administration, Defibrillation and Safety Health Training.

Emergency Medical Services (EMS)
845-364-8923

Disaster Preparedness

Rockland County sponsors a National Disaster Medical System (NDMS) Disaster Management Assistance Team (DMAT NY4), which falls under the United States Department of Health and Human Services. This team is comprised of all types of medical professionals from EMTs to doctors to nurses, etc. The team has responded to incidents and major events such as WTC 9/11, Florida hurricanes, Gulf Coast hurricanes, Salt Lake City Winter Olympics, Atlanta Summer Olympics, and other events of national proportion. The team helps with local medical response when needed.

If you are interested in joining our team or finding out more information please feel free to call 845-364-8923.

NYS Department of Health

EMT (Emergency Medical Technician) and CFR (Certified First Responder) Training

Rockland County EMS - Volunteers at Work for Rockland

Rockland County's EMS Agencies are always recruiting new volunteers. You can begin as a youth by joining your local Youth Corps/Explorer Posts or joining the Ambulance Corps as an adult. Free training is provided. Learn to save a life and give back to your community, securing the future of Volunteer EMS in Rockland.

Wellness & Specialty Programs

Let Rockland County EMS come to your business or organization and assist you in developing safety and wellness programs and policies to make your facility a safer place. We provide training, and assistance to your organization in developing safety and emergency response plans. Together we can build a safer Rockland County.

**Emergency Medical Services (EMS)
845-364-8923**



For more information on one of our programs or to find out how to join your local volunteer ambulance corps call 845-364-8923.

Environmental Health 845-364-2608

In addition to the following programs below, the Environmental Health Division also provides the following services: flow control surveillance, elevated blood lead level investigations, public water testing, Department of Social Services inspections, mosquito surveillance, and inspection of sewer treatment plants.

**ATUPA (Adolescent Tobacco Use Prevention Act)
845-364-2585**

Conducts compliance checks and re-inspections to assure tobacco products are not sold to minors.

**Bathing Facilities (Pools, Beaches, Spray Grounds)
845-364-2608**

Reviews plans, and inspects and issues permits to both indoor and outdoor public bathing facilities.

Body Art 845-364-2585

Issues permits and inspects body art establishments and practitioners for tattoos, piercing, and other body art procedures.

Campgrounds & Migrant Farm Camps 845-364-2585

Issues permits and inspects campgrounds, migrant farm camps, and traveling carnivals.

Environmental Health 845-364-2608

Clean Indoor Air Act 845-364-2585

Enforces regulations prohibiting indoor smoking in public places.

Day Camps 845-364-2603

Reviews and approves written safety plans for children's camps, and inspects and issues permits.

Day Care Inspections 845-364-2603

Issues permits and inspects day care facilities.

Food Services 845-364-2603

Issues permits and inspects all types of food service operations (restaurants, mobile units, summer feeding, temporary, vending), conducts food safety courses, and investigates food poisoning complaints.

Household Hazardous Waste 845-364-2444

Provides oversight of Rockland County's Household Hazardous Waste Facility.

Housing Complaints 845-364-2585

Responds to complaints regarding housing deficiencies and nuisances.

Mobile Home Parks & Temporary Residences 845-364-2656

Issues permits and inspects mobile home parks and temporary residences (hotels, motels).

Mosquito Control Treatments 845-364-3173

Treats catch basins, open breeding sites (ponds, swamps, etc.) and retention basins with mosquito larvicide.

Mosquito Inspections 845-364-3173

Inspects inactive public and private swimming pools and tire storage facilities to control the mosquito population.

Multiple Dwelling Smoking Law 845-364-2585

Enforces Rockland County regulations regarding smoking regulations in apartment buildings, etc.

Environmental Health 845-364-2608

Petroleum Bulk Storage 845-364-2595

Reviews plans, inspects petroleum storage tanks, and enforces tank regulations to ensure that tanks will not leak.

Private Water Testing 845-364-2595

Provides sampling services to homeowners with wells.

Private Well Testing Law 845-364-3475

Collects and monitors water sampling results as required by the county's Private Well Testing Law.

Public Water Supply Protection 845-364-2595

Inspects public water supplies and reviews operating data, tracks status of any drought, and enforces drought regulations.

Rabies 845-364-2656

Investigates animal bites and tests suspect animals for rabies.

Realty Subdivisions 845-364-2642

Reviews and approves engineering plans for realty subdivisions (five or more building lots).

Recycling 845-364-2593

Review plans and inspect facilities for proper recycling of materials.

Rodent Control 845-364-2656

Responds to rodent complaints; sets bait when necessary.

Rooming Houses 845-364-2585

Issues permits and inspects rooming houses.

Septic Failures and Sewage Overflows 845-364-2642

Investigates complaints regarding failing septic and/or sewage systems.

Septic Inspections 845-364-2642

Reviews plans for, and inspects construction of, new and replacement septic systems.

Storm Water Plan Reviews 845-364-2593

Reviews plans of drainage facilities for compliance with the county's mosquito control regulations.

Environmental Health 845-364-2608

Tanning 845-364-3682

Issues permits and inspects commercial tanning facilities.

Waste Truck Permitting 845-364-2175

Issues permits for garbage, recycle, C&D (construction and demolition debris), yard waste, scrap metal, septic and chemical trucks.

Well Permitting 845-364-2595

Issues permits and inspects installation of potable water wells.

Epidemiology and Public Health Planning 845-364-2956

We study the patterns of health and illness, and help to prevent their spread in the community by:

- Monitoring communicable and chronic diseases in Rockland County
- Maintaining statistical data and reports on trends
- Investigating disease outbreaks
- Recommending methods to prevent further spread of disease
- Maintaining community-wide disease surveillance with special emphasis on schools, hospitals and health institutions

Family Planning Services 845-364-2531 or 845-364-2124

Two Locations: Building A, Pomona, and 14 South Main Street, 2nd floor, Spring Valley

Provides women's health care from adolescence to pre-menopause, gynecological ("GYN") exams, contraception (methods to prevent pregnancy), and pregnancy testing and counseling. Provides reproductive health care/STI (sexually transmitted infections) testing for men and women.

Our staff includes: doctors, nurse practitioners, nurses, and Spanish interpreters. We accept Medicaid and Medicaid Managed care. For teens and patients without insurance, fees are very affordable and based on ability to pay (sliding fee scale).

Health Promotion and Chronic Disease Prevention 845-364-2500

The Division of Health Promotion and Chronic Disease Prevention is committed to improving the quality of life for Rockland County residents by:

- Promoting a healthy lifestyle
- Encouraging people to make changes to improve their health and prevent disease
- Working with the community to make policy and environmental changes that promote health and prevent disease
- Monitoring air quality and assuring the public is alerted about air quality advisories

Our staff is made up of professionals with expertise and credentials in community health education, a registered dietician, and trained community outreach workers who are fluent in Creole, French, Spanish and Russian.

We offer many programs and presentations for community and faith-based organizations, schools, worksites, libraries, towns and villages, daycare facilities, after school programs, and senior centers. We also provide displays, flyers, brochures, and other teaching aids for health fairs and other school, worksite, community, and faith-based events. To learn more about the many programs and presentations we can offer you to promote good health and prevent disease, call 845-364-2500.

Breastfeeding

Breastfeeding Promotion and Support 845-364-3865

Our breastfeeding experts (International Board Certified Lactation Consultants) provide free help to pregnant and breastfeeding mothers to ensure a successful breastfeeding experience.

Services include:

- Counseling (in-person, email or phone)
- Information, support, and referral
- Help with breastfeeding challenges
- Support groups
- Guidance with establishing a worksite lactation program or policy
- Presentations: Breastfed Babies Welcome Here, The Business Case for Breastfeeding, and Breastfeeding Basics.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Childhood Injury Prevention 845-364-3865

We provide a variety of presentations and educational materials for parents, caregivers, and children. Presentations for children and adults include bicycle safety, toy safety, poison prevention, helmet safety, and hand washing.

Chronic Disease

Better Choices, Better Health: Managing Ongoing Health Conditions 845-364-2501

www.rocklandsteps.org

This nationally recognized six-week workshop series is for people with any chronic disease, such as arthritis, diabetes, Parkinson's, and heart disease.

Caregivers are also welcome. Over the six weeks, you will learn better ways of dealing with pain and fatigue, how to talk to your doctors, family and friends, and how to do easy exercises, eat healthier foods, and feel better about your life.

Diabetes

Diabetes Prevention Program 845-364-2501

Diabetes Prevention Program (DPP) is for people who have been diagnosed with pre-diabetes or are at risk of developing diabetes and have a Body Mass Index (BMI) of 24 or greater, and are 18 years of age or older.

The DPP is a group-based program. It consists of 16-weekly, one-hour core sessions, followed by six monthly maintenance sessions. Through the program, you will receive support and encouragement from both a trained lifestyle coach and fellow classmates as you develop a plan for improving and maintaining your overall wellbeing.

This successful national program can help you lose 7% of your body weight, and help you gradually become more physically active, and reduce your risk of developing diabetes.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Diabetes (continued)

Living Well With Diabetes 845-364-2501

www.rocklandsteps.org

This nationally recognized six-week workshop series is for people with pre-diabetes, diabetes, or caregivers of someone with diabetes. Over the six weeks you will learn how to:

- Keep track of your blood sugar
- Eat a healthy diet
- Be more physically active
- Cope with stress and deal with sick days
- Take care of your skin and feet
- Talk effectively with your doctor

Feel better about your life

Emergency Preparedness

Provides communication services during times of health emergencies through press releases, website updates, and other communication channels. We also keep the public informed about how to prepare for emergencies.

Fall Prevention for Older Adults

A Matter of Balance 845-364-3839

We offer the nationally recognized “A Matter of Balance” fall prevention program. Trained facilitators conduct eight, two-hour sessions for 10 to 12 participants. You will learn how to:

- Reduce your fear of falling
- Set realistic goals for increasing your activity
- Do simple exercises to increase your strength and balance

Change your environment to reduce your risk of falling

Health Insurance In-Person Assistance/Navigator Program

Navigators 845-364-3394

Educates residents about the available health insurance programs and assists residents in applying for health plans through the New York State of Health Marketplace. Assistance is given to initiate, recertify and maintain coverage. Appointments are required.

Healthy Neighborhood Program 845-364-3292

Educates about smoke detectors and carbon monoxide detectors, asthma, fire safety, radon, and health issues from lead.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Lead Poisoning

Lead Poisoning Prevention 845-364-3839

We monitor the blood lead levels of children from birth to age 18, and provide support, referrals and resources to families, health professionals, and home improvement professionals. Presentations include: *What Can Be Done to Protect Children from Lead Poisoning, The Lead Exposed Child and Educational Performance, Lead Poisoning and Pregnancy, Can Realtors Keep Children Safe from Lead Poisoning, and Can Contractors Keep Children Safe from Lead Poisoning.*

Lyme Disease

Lyme Disease Prevention and Education 845-364-2500

Provides educational materials and presentations about ticks and Lyme disease to camps, schools, agencies, and worksites. A Lyme Disease Health Educator is also available by phone during business hours at 845-364-2500. The presentation, Be Tick Free, can be adapted for medical professionals, adults, and youth.

Nutrition

Community Nutrition Education 845-364-2500

www.rocklandsteps.org

A Public Health Nutritionist is available to speak at schools, worksites, and other community sites in Rockland County. Presentations include: *What to Eat When Dining Out, Food Safety, Food Allergies, Childhood Obesity, Mindless Eating, Benefits of the Mediterranean Diet, Making 'Cents' of Your Food Dollar, Rate Your Plate: How To Build A Healthier Plate, and Understanding the Nutrition Facts Label.*

Corner Stores Program 845-364-3612

www.rocklandsteps.org

We work with small neighborhood mini-markets, bodegas, convenience stores, and delis to encourage them to stock and promote vegetables, fruits, whole grain products and low-fat dairy products, and to respond to their customers' requests for healthier items.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Nutrition (continued)

Healthier Dining at Restaurants 845-364-3612

www.rocklandsteps.org

This county-wide restaurant campaign provides information on calories and portion size, and encourages customers to take half their meal home. We provide food service establishments with resources, marketing tips, educational materials, and culinary advice to promote their healthier choices.

Supermarket Tours 845-364-3612

Our nutrition experts provide supermarket tours to help you learn how to read and understand food labels and make the most of your food dollars.

Physical Activity

RC Walks Pedometer Challenge 845-364-2500

www.rocklandsteps.org

Take part in an ongoing community-wide walking program that challenges you to walk 30 minutes (or 4,224 steps) a day, at least five days a week for eight weeks, and get your free pedometer while supplies last!

RC Walks Trail Tracker Program 845-364-2500

www.rocklandsteps.org

Take part in our RC Walks Trail Tracker Program - it's a great way to explore our county's amazing parks, stay healthy, and win great prizes along the way. You will receive a colorful 48-page park passbook that includes maps, a description of parks, safe walking tips, and more!

Tai Chi for Health 845-364-2500

www.rocklandsteps.org

We offer an eight-week movement program led by a certified Tai Chi for Health instructor. The program consists of 12 low-impact movements, a warm-up, and a cool down. Contact us about hosting a program for a group of 10-20 people.

Health Promotion and Chronic Disease Prevention 845-364-2500

School Health and Wellness 845-364-2360

www.rocklandsteps.org

Our School Health and Wellness initiative assists schools in addressing critical child health issues, such as childhood obesity prevention, by providing technical assistance and coordinating the Rockland County School Health and Wellness Coalition. Program activities include increasing access to physical activity and healthier snacks and lunches, nutrition education and school gardening, promoting health insurance for children and youth, maintaining an online resource guide, creating professional development opportunities for educators and parents, and working collaboratively to develop school health and wellness policies.

Steps to a Healthier You 845-364-2500

www.rocklandsteps.org

We provide general health promotion and education to help you lead a healthy lifestyle. Presentations include:

- **8 Steps to Good Health 845-364-2500**
With a few simple lifestyle changes, you can reduce your risk of many types of cancer and many other illnesses as well! It's easier than you think!
- **HealthEase 845-364-2500**
Learn to take care of your health. There are seven different topics. Choose all seven or just one. The topics include Fall Prevention, Heart Health, Osteoporosis Prevention, Keeping Your Mind Sharp, Medication Safety, Good Nutrition, and Move to Get FIT. These workshops are for adults and caregivers of adults.
- **Stress Management 845-364-2500**
Rescue Remedies for Stress: Learn how the body responds to stress and what you can do to cope with stressful situations. This program is appropriate for young and older adults.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Tobacco Education, Prevention, and Cessation

Put It Out Rockland (PIOR) Quit Smoking Program 845-364-2651

www.PutItOutRockland.com

A certified Cessation Specialist provides support, encouragement, and assistance during the challenging time of quitting smoking. Nicotine replacement therapy (NRT) is offered to those who qualify.

A small fee covers counseling sessions and NRT. Our programs can double your chances of being successful and are for those who live, work, or go to school in the county.

- **Quit Smoking Group**
An eight-week program for groups with a minimum of eight people offered at different locations in the county.
- **Quit Smoking Mini-Group**
A program for small groups of three to seven people offered at worksites and other locations in the county. This program meets for four sessions over five weeks.
- **Quit Smoking One-On-One**
This is an individualized program that consists of three private sessions. Additional help is available by calling the New York State Smoker's Quitline at 866-697-8487 or visiting www.nysmokefree.com.

Provides presentations for professionals and the public, including: All You Ever Wanted to Know about Nicotine Dependency, and Understanding Tobacco Addiction.

Secondhand Smoke 845-364-2501

www.PutItOutRockland.com

Provides educational materials and presentations about reducing exposure to secondhand smoke in the home and at the workplace. Technical assistance is available for developing policies for smoke-free homes, grounds, and college campuses. The presentation, Second Hand Smoke and Your Child, can be adapted for parents of preschool age children or childcare providers.

**Health Promotion and Chronic Disease Prevention
845-364-2500**

Youth Tobacco Prevention, Reality Check 845-364-3755

www.realitycheckofny.com

We work with young people in middle school and high school to conduct educational activities and projects in schools and throughout the community. The goal of the program is to expose the truth about tobacco and the manipulative marketing practices that the tobacco industry uses to target teens. Presentation available: Secrets of Tobacco Advertising for middle school youth.

Weight Loss

Lose to Win Weight Loss Program 845-348-2004

www.rocklandsteps.org

Losing weight can make a big difference to your health! Join the Lose to Win Weight Loss Program, an eight-week series that uses the latest guidelines to help you lose weight safely and successfully. The program is offered for a small fee through Nyack Hospital, and is offered at various places in the county. You can also be trained to lead this program at your worksite or community organization.

Worksite Wellness

Healthier Worksites, Healthier Workers 845-364-3786

www.rocklandsteps.org

Helps worksites improve employees' health and wellness by making changes in the environment and creating health-related policies. We offer worksite wellness consultations, resources, and other services, including presentations to Rockland County employers free of charge. Funding is available for worksite wellness initiatives through the Creating Healthy Places to Live, Work and Play grant through the NYS Department of Health.

**Office of the Medical Examiner
845-364-2826**



The Office of the Medical Examiner investigates sudden, unnatural, unexplained and/or unattended deaths in Rockland County.

Patient Services/Clinics
845-364-2534

Chest Clinic 845-364-2995/ 845-364-2841

Building A, Pomona, Provides treatment for people with active TB (tuberculosis) and preventive treatment for people with latent (inactive) infection, and others at high risk for TB. \$25 fee for chest x-ray for clinic patients, all other services are free. Please call for an appointment.

Immunization Clinic 845-364-2497/ 845-364-2520

Building A, Pomona, Wednesdays 8:45-11 a.m. Please call for an appointment. Provides immunizations for common childhood diseases for children five to 18 years of age.

Foreign Travel/Adult Immunization Clinic 845-364-2520

Building A, Pomona, Monday mornings by appointment.

Those traveling to foreign countries can obtain immunizations to prevent a variety of illnesses including Hepatitis A&B, Tetanus/ Pertussis, Meningitis, Measles, Mumps, Rubella (MMR), Pneumonia, Influenza. Typhoid and Yellow Fever require a prescription from your doctor. Fee for service.

Infectious Disease Clinic 845-364-2570

Building A, Pomona, Tuesday afternoon 12:30-4 p.m., Wednesday evening 2:30-7 p.m., GYN monthly by appointment only.

Provides comprehensive medical services, nursing, labs, and medical case management to people over age 18 living with HIV/AIDS. We accept Medicaid, Medicare, ADAP, and private health insurance.

Sexually Transmitted Infection (STI) Clinic 845-364-3771

Building A, Pomona, Tuesday and Thursday between 3-7 p.m.

* Walk-ins by 6:30 p.m. please.

Our confidential walk-in clinic offers testing/treatment of sexually transmitted infections. Rapid HIV testing is also available on site.

TST (Tuberculin Skin Testing) Clinic 845-364-2997

Building A, Pomona, Monday, Wednesday, Friday

Provides tuberculin skin testing (TST). A revisit in 48 – 72 hours is required for reading of TST. There is a \$25 fee.

Patient Services
Licensed Home Care Service Agency (LHCSA)
845-364-2534 or 845-364-2546

Public Health Nurses schedule home visits to assess the health status of Rockland County residents, offer health education and guidance, and perform evaluations for nursing home placement. We provide:

- Home visits: PRI and screen for skilled nursing facility (SNF) placement (Medicaid or Private Pay).
- Joint program with Department of Social Service (DSS): Evaluation and supervision of Personal Care Aides.
- Public Health Nursing Activities: clinics, disease/contact investigations

Public Health Preparedness
845-364-2660

We provide a comprehensive approach for the county to prepare and respond to any public health emergency such as a bio-terrorism event or a pandemic event by:

- Planning for a rapid public health response to potential natural and man-made emergencies in Rockland County
- Conducting Point of Distribution (POD) clinic sites where people can go to get medications or vaccines to protect themselves in the event of a health threat
- Assisting county residents with their personal preparedness plans, and offer presentations and educational materials.

Public Health Social Work
845-364-2620

The Division of Public Health Social Work is staffed by licensed social workers, special educators, case managers, and billing and clerical staff. Services include, but are not limited to: direct services, assistance with entitlements, and referrals to other agencies to provide needed services.

**Public Health Social Work
845-364-2620**

Our clinical services include: Licensed social workers who are available to assist at all Health Department Clinics. Counseling, referrals, and assistance with entitlements are also provided by the social work staff.

**Public Health Social Work:
Children With Special Health Care Needs**

Early Intervention Program 845-364-2032

A mandated program that provides service coordination, and therapeutic and educational services for children with disabilities from birth to three years of age and their families. Services are provided at no cost to families.

Physically Handicapped Children's Program 845-364-2081

The Rockland County Department of Health's Physically Handicapped Children's Program enables eligible children under the age of 21 and legal residents of the county to receive medical assistance.

In general, eligible conditions include birth defects, some long term chronic conditions with rehabilitative potential, physical handicaps that can be corrected or improved, and other conditions where treatment and preventive services will benefit the child. Medical eligibility is determined through receipt of appropriate information from the physician specialists and institutions. Families who are eligible for Medicaid are not eligible for the program. Each family that applies is required to submit an application with full financial disclosure.

Preschool Special Education Program 845-364-2071

A mandated program that provides special education and therapeutic services for children with disabilities, from three to five years of age, at no cost to families. Transportation is provided as needed. This program is administered by local school districts and the Rockland County Department of Health.

**Public Health Social Work:
Infectious Disease Program
845-364-2570**

We provide HIV positive Rockland County residents with a full range of case management and medical services.

The medical case management component provides patients with a variety of services including counseling, education, referrals, and assistance with housing, food, finances, and insurance. Bilingual outreach workers are available at various sites throughout the county to provide rapid HIV testing, with test results available in 20 minutes. Rapid testing can be scheduled by calling 364-2570.

**WIC: Nutrition Assistance Program for Women,
Infants and Children, 845-364-2577**

WIC: Nutrition Assistance Program for Women, Infants and Children 845-364-2577

WIC Sites in Rockland are located in Spring Valley, Monsey, New Square, Haverstraw, and Nyack.

WIC is a federal program for participants who qualify (based on financial and medical or nutritional need). This program serves women who are pregnant, mothers of babies up to six months old, breastfeeding mothers of children up to 12 months old, and children under the age of five. Checks are issued to purchase supplemental nutritious foods, such as milk, cheese, eggs, cereal, juice, fruits, and vegetables. Fruit and vegetable checks are also accepted at some local Farmers' Markets. Breastfeeding education and support is provided by International Board Certified Lactation Consultants. Registered Dietitians, Nutritionists and Breastfeeding Peer Counselors are also on staff.

Rockland County Department of Health
50 Sanatorium Road
Pomona, NY 10970
Phone: 845-364-2512, Fax 845-364-2628
www.rocklandgov.com/health

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